

# MOVING TO THE MUSIC

By Rob Stroh

## CHALLENGE

**Why not try making up your own lyrics to the same tune with lots of brand-new actions?** Start with two one-syllable actions (spin, hop, bend, blink etc.), then two two-syllable actions (pat head, tap nose, side-bend, balance etc.) and end with a three-syllable action (jump up high, show my thumbs, pat my knees etc.).

## TALK ABOUT

**All the funny things we can do with our bodies!** Can anyone touch their nose with their tongue or roll their Rs? Perhaps one of you can wiggle your ears or click your fingers or make an owl sound by blowing into the hollows of your hands. See what everyone in your house can do!

“SOME PEOPLE TAP THEIR FEET, SOME PEOPLE SNAP THEIR FINGERS, AND SOME PEOPLE SWAY BACK AND FORTH. I JUST SORTA DO 'EM ALL TOGETHER, I GUESS.”  
Elvis Presley

## SHARE IT

**Get creative with some body-percussion recording!** See what kinds of percussive sounds you can create: clicking fingers, stamping feet, rubbing your forearm, clapping, tapping your cheeks and altering your mouth shape for different pitches, rubbing your hands together, tapping your thighs, knees etc. **Can a few of you build up different sounds between you, record them on a phone and share the result with someone you don't live with?**

See if he or she can guess how you made the noises.

## DID YOU KNOW?

**The world record for finger clicking** is 334 finger clicks in one minute!

Song taken from  
*S!ng Something Silly!*  
By various writers

