



Unlocking....

Minds that learn, Hearts that love, Faith that gives



Subject Intent, Implementation and Impact

Subject	Subject Lead	Scheme
PSHRE	Anna Houghton	Inside Out

PSHRE Intent

At St Peter's, we strive for all children to create positive and respectful relationships and learn about how to keep themselves healthy and safe. We endeavor to give every child the tools they need to become happy and healthy individuals that respect themselves and others.

PSHRE Implementation

We use Inside Out as the basis for teaching RSE and alongside this we have created our own PSHRE progression map which shows what children will learn in each class and ensures children are exposed to a breadth of topics within PSHRE. We have adopted The 5 Keys to Happiness and Wellbeing in our school (Look Inside, Move Outside, Share More, Be Curious, Be Kind). Each half term we focus on one key, and we deliver our PSHRE curriculum through our weekly PSHRE sessions in each class, through whole school assemblies and through our school values. PSHRE is further supported by our active Pupil Leadership Group concerned with pupil's wellbeing, 'Happiness and Wellbeing Leaders'.

What is the impact of our PSHRE teaching?

- Children gain a 'toolkit' of practical life skills to look after their own wellbeing and happiness.
- Children know their own self-worth and behave fairly and responsibly.
- Children eat healthily, enjoy being outdoors and active.
- Children communicate and connect with others in meaningful and safe ways.
- Children understand, value and celebrate diversity.
- Children use a common language to discuss emotions and seek support when needed.