

Newsletter



9

Friday 13th November 2020

This **Anti-Bullying Week**
we are holding

**ODD
SOCKS
DAY**

on Monday 16th November 2020

Come to school wearing your odd socks
to celebrate what makes us all unique!



Monday 16th November is Odd Socks Day

This is designed to help us celebrate difference.
Please go [here](#) for more information!



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THANKS FOR REMEMBERING
THIS IS A



**PEANUT/NUT FREE
SCHOOL**

We currently have two children who have serious nut allergies. Please remember that we don't allow any nuts or nut products in school. **This includes Nutella.** Thank you for helping us to keep St Peter's School a safe place.

Dear Parents/Carers,



WOOHOO... MONDAY 16TH NOVEMBER IS ODD SOCKS DAY!

WHAT IS ODD SOCKS DAY?

Odd Socks Day is part of Anti-Bullying Week! To celebrate that we are all unique, we ask that children wear odd socks to school on Monday 16th November. Last year over 13,000 schools took part in Odd Socks Day. Andy day (Cbeebies/cbbc) and his band Andy and the Odd Socks are supporting the Anti-Bullying Alliance to help bring Odd Socks Day to life again this year. Have a listen to the brilliant song they have recorded especially for Anti-Bullying Week, **The Kids Are United!**

WHY IS ODD SOCKS DAY IMPORTANT?

The day sends an important message to pupils that they should be allowed to be themselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way.



WHAT DO WE NEED FROM YOU?

It's so easy 😊

Here's what you do:

- 1.** Make sure your child **wears odd socks** to school
- 2.** **Donate £1** to help the Anti-Bullying Alliance carry on important work
- 3.** If you want to, you can **share a photo online using #oddsocksday #antibullyingweek** and tag **@andyoddsocks** and **@abaonline**



THANK YOU, THANK YOU, THANK YOU!

Every penny goes to the Anti-Bullying Alliance to help continue all their work. We can't wait to see all the Odd Socks on Monday 16th November ...

If you have any questions please ask:



ORGANISER



#ANTIBULLYINGWEEK



PARTNER

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Oak Class have been learning about Antarctica this week. This is a selection of some of their wonderful penguins!



Thinking of having a clear-out?

The SPSA is working with Bags2school to arrange a collection of unwanted clothing and textiles to help raise funds for the school. Each kilo of clothing collected is money for the school.

WHAT WE COLLECT

We accept the following 'good quality' items for RE-USE:

- Men's, Ladies' and Children's clothing
- Paired shoes (tied together or elastic band around)
- Handbags
- Hats
- Bags
- Scarves and ties
- Jewellery
- Lingerie
- Socks
- Belts
- Soft toys
- Household linen
- Household curtains
- Household towels
- Household bedding (bed sheets, pillowcases and duvet covers)

FOUND

This cat(?) has been keeping me company in the office. If it is yours, please come and collect it!! (She doesn't like my crocodiles)



We DO NOT accept:

- Duvets and blankets
- Pillows and cushions
- Carpets, rugs and mats (including bath, shower and toilet mats)
- Soiled, painted, ripped or wet clothing
- School uniforms with and without logo
- Corporate clothing and workwear
- Textile off cuts, yarns or threaded material.

Please bag all unwanted items in a black sack and bring to the collection point on The Green at the front of the school on Monday 30th November by 9am.

Every kilo = £££ for the school

The more we weigh, the more they pay!

Thank you for your continued Support



Don't forget to wear Odd Socks on Monday (and bring £1 if you wish to donate to the Anti-bullying Alliance!)

Birthday treats and allergies

Please remember that we are no longer allowing cakes / biscuits / treats to be brought in to celebrate birthdays. Because of the amount of children in each class, there could be a birthday every week, which means that we are giving the children a lot of food which isn't really any good for them. We have children who are **allergic to nuts (including traces of nuts) milk, eggs and soya**. Finding something which doesn't contain any of these is incredibly hard! We can't have homemade goods because of the risk of passing on Covid. Thank you for your understanding in this matter.



Please note:

If you'd like anything put into the newsletter, I need it by Friday, **1pm at the latest.** Thank you



If your child has an award below, you will be sent a link next week to join in with our virtual celebration assembly:

Class	Special Award Term Focus - Reflection	Star Award
	Peter Woolley	Teddy Prior Tomas Troup
	Ivy Paulin	Ffion Jones Hania Koper
	Charlie Robertson	Emily Dixon Flora van der Hoorn
	Elliot Miller	Freddie Osgathorp Carla Pollard
	Oliver Eaton	

SNOWMAN COMPETITION



LOTS OF COOL
PRIZES TO BE
WON!

**Create an A4 snowman
picture using paint,
crayons or anything you
like. Be creative!**

Hand your picture to **David in
the kitchen** in a plastic wallet
that is clearly marked with your
name, age and school by

**Friday 27th
November**



Wellbeing Guide

Issue #21

Welcome to the Wellbeing Guide - practical activities to boost children's wellbeing.

INSIDE OUT is an innovative education charity created to improve the wellbeing of primary school children through our [5 Keys to Happiness](#). Our purpose is to inspire children to be happy, inside and out. You can find our 5 Keys poster to print out on the next page.

Have fun. Stay safe. Stay well.



KEY 1 / LOOK INSIDE

The body is a lot like a clock, sometimes it gets wound up too tight and needs help relaxing. Let's unwind with this gentle and calming movement flow by GoNoodle.

You can use this technique anytime your mind and body feels a little tense.

KEY 2 / MOVE OUTSIDE

Looking for a fun challenge? Grab some chalk and invent your own outdoor obstacle course - you'll need to hop, skip and jump your way to the finish line!

Why not time yourself and see how long it takes you to finish the course!



KEY 3 / SHARE MORE

Try these [29 Big-Hearted Questions](#) from Doing Good Together to help you have deep and meaningful conversations with your friends and family.

Did you learn anything new about the people you asked?

KEY 4 / BE CURIOUS

It's the 20th year of astronauts living and working at the International Space Station. Why not head to [Nasa Kids' Club](#) to see who's there right now!

Did you know that the Space Station is the 3rd brightest object in the sky?



KEY 5 / BE KIND

Eco-Schools have teamed up with Frugi to create [10 eco-challenges](#) to encourage you to be kind to the planet and learn more about protecting the environment.

Complete all 10 activities to become an eco-warrior!

5 KEYS TO HAPPINESS

An evidence-based framework to improve wellbeing.



1 / LOOK INSIDE

Inspire self reflection,
focusing, being quiet, self calming



2 / MOVE OUTSIDE

Promote non-competitive
outdoor exercise



3 / SHARE MORE

Encourage connection,
teamwork and communication



4 / BE CURIOUS

Stimulate growth mindsets,
exploration, experimentation
and making



5 / BE KIND

Support an attitude of
caring for oneself, others
and the environment

Church Administrator

Job Advert

The churches of St Peter's Cassington and St Leonard's Eynham are looking for an efficient, conscientious and flexible administrator with an eye for detail.

The successful candidate will have an active Christian faith, be committed to supporting the vision of the benefice and to providing administrative support that will release the staff team, ensure key tasks are completed and the smooth running of day to day affairs.

The role will require the individual to work independently as well as effectively with a range of staff and volunteers, professional bodies, the Diocese and contractors.

Applicants should be competent in the use of a range of IT programmes and software packages, as well as being a sensitive communicator.

Salary: £18k - £22k pro rata
Hours of work: 20 hours per week, Monday-Friday 9am-1pm
Annual leave: 28 days (including Bank Holidays)

Further details regarding the role can be found on the website -

<https://stleonardseynham.org.uk/job-advert/>

The application form on which all applications must be made can also be found there.

The closing date for applications is 5pm on Monday 23rd November 2020, completed applications must be submitted to Duncan Fraser, vicarslp@gmail.com

Interviews are expected to take place on Thursday 26th November 2020, shortlisted applicants will be provided with further details. The post will be vacant from 1st January 2021.

The benefice of St Leonard's and St Peter's is committed to safeguarding and promoting the welfare of all individuals. All staff and volunteers are expected to share this commitment.

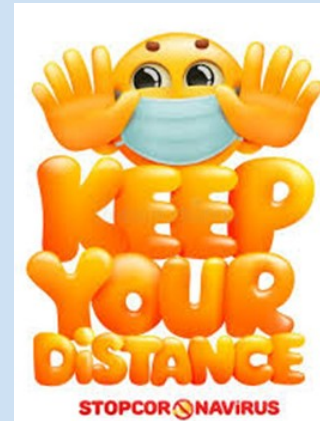
The successful applicant will be required to complete an enhanced Disclosure and Barring Service (DBS) check

What you can do

Keep 2 metres distance



Give other parents plenty of space when dropping off / picking up



Wherever possible, don't allow children from different class bubbles to mix



What School is doing

Staggered start/finish times



Washing Hands



Social Bubbles (in class and outside play areas)



What to do if you are worried a child is being abused or neglected...



SAFEGUARDING CHILDREN PROCEDURES

All adults who come into contact with children have a duty of care to safeguard and promote their welfare.

SEPTEMBER 2020

An information leaflet for contractors, volunteers and visitors to the school.

St Peter's CE Primary School follows the children protection procedures set out by the Oxfordshire Children's Safeguarding Board:

<https://www.oscb.org.uk/>

We take into account guidance issued by the Department of Education in **"Keeping Children Safe in Education" (Sept 2020).**

If you have any queries regarding the information contained in this leaflet, or require further clarification of any points, please do not hesitate to contact the Designated Safeguarding Lead or the Deputy Designated Safeguarding Lead:



JON JEFFRIES



DAN LONG

Aim of this leaflet

To ensure that all contractors, volunteers, visitors are aware of and undertake their responsibility to promote equal opportunities, tackle bullying and help safeguard students.

Unlocking...

Minds that learn, Hearts that love, Faith that gives

SAFEGUARDING CHILDREN PROCEDURES

Children and Young people have a fundamental right to be protected from harm. Families have a right to expect schools to provide a safe and secure environment. All schools have a legal duty to work with other agencies, for example social services and the police, to safeguard children's welfare.

At Eynsham Partnership Academy we believe that all young people have a right to develop and mature safely, without fear of abuse or bullying.

Guidelines for all contractors, volunteers and visitors

As a visitor to our academy, or someone who has come to work with our students in any other capacity, it is important that you are aware of our safeguarding and Child Protection procedures.

- Our Designated Safeguarding Lead at St Peter's CE Primary School is Jon Jeffries. The Deputy is Dan Long. If you cannot locate these people, you should refer any concerns to any other member of staff via reception.
- If there is any reason to suspect that a student has suffered abuse, bullying or discrimination, or is likely to suffer significant harm, you must inform the DSL as above immediately.

How to assure that my behaviour is always appropriate

Appropriate relationships with children should be based on mutual trust and respect. As a volunteer or visitor you may well be working closely with children, sometimes on a one to one basis.

- If you are working with a pupil on his/her own, always ensure that the door is left open or that you can be visible to others.
- Do not photograph pupils, unless requested by the teacher, exchange emails or text messages, or give out your own personal details.
- Please sign in and out of the school on each visit and wear a visitors badge visibly at all times.

Disclosure of abuse by a child

If a student 'discloses' information about significant harm you should:

- Listen and ask the minimum questions necessary.
- Tell the student that you need to inform someone else. Absolute confidentiality is impossible in these circumstances and you should never agree to keep a promise of secrecy.
- Make accurate notes of exactly what was said by the student and pass these to the DSL immediately. (You can use our school's recording form to do so available from reception).
- Do not question the student; try to limit your involvement to listening.

What is Discrimination?

Discrimination occurs when people receive less favourable treatment on any grounds which cannot be justified. This covers race, ethnic or national origin, language, religion or belief, gender and gender reassignment, sexual orientation, disability, responsibility for other dependants, social class or where the person lives.

What is Bullying?

Bullying is a willful, conscious attack on the self-esteem of the person or individual student. It can include teasing, name-calling, jibes, silence/exclusion for the social circle, emphasising differences, threatening behaviour, racial/sexual harassments, extortion and physical attack. Bullying may vary in its severity, frequency and in the numbers of people involved.

What is Abuse?

Child abuse is a form of physical, emotional or sexual mistreatment or lack of care that leads to harm or injury. It commonly occurs within a relationship of trust or responsibility and is an abuse of power or a breach of trust. Abuse can happen to any child regardless of their age, gender, race or ability.

There are four categories of abuse: physical abuse, sexual abuse, emotional abuse and neglect. Child sexual exploitation (CSE), radicalisation and female genital mutilation (FGM) are also types of abuse which we have a duty to safeguard against.

Possible signs of abuse

Signs of physical abuse: - Children with frequent injuries - Children with unexplained or unusual fractures or broken bones - Children with unexplained bruises or cuts; burns or scalds; or bite marks	Signs of emotional abuse: - Children who are excessively withdrawn, fearful or anxious about doing something wrong - Parents or carers blaming their problems on their child - Parents or carers who humiliate their child, eg by name-calling or making negative comments
Signs of sexual abuse: - Children who display knowledge or interest in sexual acts inappropriate to their age - Children who use sexual language or have sexual knowledge that you wouldn't expect them to have - Children who ask others to behave sexually or play sexual games - Children with physical sexual health problems, including soreness in the genital and anal areas, sexually transmitted infections or underage pregnancy	Signs of neglect - Children who are living in a home that is indisputably dirty or unsafe - Children who are left hungry or dirty - Children who are left without adequate clothing eg: not having a winter coat - Children who are living in dangerous conditions - Children who are often angry, aggressive or self-harm - Children who fail to receive basic health care - Parents who fail to seek medical treatment when their children are ill
Signs of CSE: - Children who appear with unexplained gifts or new possessions - Children who have older boyfriends or girlfriends - Children who suffer from sexually transmitted infections or become pregnant - Children who suffer from changes in emotional well-being - Children who go missing for periods of time or regularly come home late - Children who regularly miss school or education or don't take part in education	Signs of radicalisation - Recognising extremism – early indicators may include: - Showing sympathy for extremist causes - Glorifying violence - Evidence of possessing illegal or extremist literature - Advocating message similar to illegal organisations - Out of character changes in dress, behaviour and peer relationships (but there are also very powerful narratives, programmes and networks that young people can come across online so involvement with particular groups may not be apparent)
Signs of FGM: - The child may speak about a special ceremony/procedure that is going to take place or a special occasion to 'become a woman' - Prolonged absence from school or other activities with noticeable behaviour change on return, possibly with bladder or menstrual problems - Difficulty walking, sitting or standing, and look uncomfortable; spend longer than normal in the bathroom or toilet - May complain about pain between legs, or talk of something somebody did to them that they are not allowed to talk about	

Some of the key safeguarding changes for 2020 include:

Explicit inclusion of mental health. This notes the important role schools and colleges play in supporting the mental health of its pupils and confirming the funding for senior mental health leads in all state schools and colleges by 2025.

New paragraph of Child Sexual Exploitation and Child Criminal Exploitation Paragraph 28 is a new addition and provides information about abuse linked to CSE (Child Sexual Exploitation) and CCE (Child Criminal Exploitation).

New guidance on managing allegations against supply teachers Paragraphs 214-217 set out further guidance on managing allegations against supply staff, the guidance now makes it clear what schools and settings now need to do.

Expanded DSL duties Annex B now states that as well as the DSL understanding their own role, DSL should understand the processes, procedures and responsibilities of other agencies, particularly children's social care.

It is important to remember that it is not your responsibility to investigate safeguarding concerns, only to report them to the DSL. Please see the flowchart overleaf. Thank you for taking the time to read this leaflet.

Raise FREE donations for

St Peter's School Cassington PTA

every time you **shop online**

Find us on **easyfundraising.org.uk**

<https://www.easyfundraising.org.uk/causes/stpeterscassington/>

4,300 online sites will give us a free donation
when you shop with them - at no extra cost to you!



Download the easyfundraising App





Back to school: how do I keep my children safe online?

For a lot of children, going back to school can mean new and exciting ways of going online. Whether it's making new friends and keeping in touch with them over apps, playing the latest game, getting a new phone or spending more time online doing school work. We've got tips on how to help your child stay safe when school starts again.

1. Think about online routines

When school starts, routines might change, whether it's the time your child wakes up or how much schoolwork they do online.

A new school year is a great time to have another conversation with your child about online safety and agree some rules to help keep them safe. We've created an online guide so you and your child can decide together what's good to do online and what you should look out for.

Once you're both happy, why not stick on the wall in a place you'll both see it regularly? You can then come back to it every month or two to see if it's working and update it as routines change.

2. Have a conversation about online pressures and cyberbullying

Going back to school means kids will be seeing friends again or making new ones, especially when they move from primary to secondary. This could mean your child uses new apps to keep in touch with their friends or feel more pressure to stay connected.

Remember to talk to your child about what they're doing online and who they're talking to. Check in with them regularly and remind them they can talk to you, another trusted adult, like a teacher, or a [Childline counsellor](#) about anything that happens online.

Some parents might also be worried about bullying and cyberbullying. Especially because falling out with friends and changing behaviours and moods are a natural part of growing up. But it can make it difficult to know if your child is being bullied or not.

Some of the signs of cyberbullying include:

- a change in how they use devices, like their mobile or computer
- becoming withdrawn or shy
- changes in mood or signs of stress, anxiety or depression
- not wanting to go school
- not speaking to or seeing friends.

The NSPCC has helpful [advice on bullying and cyberbullying](#) for parents and carers.

[Childline](#) also has lots of advice for young people on [bullying and cyberbullying](#) and [bullying on social media](#), which we recommend sharing with them.

If your child comes across something upsetting online, they might want to report or block it. Use [our reviews](#) to show them how to do this on different apps, sites and games.

3. Set up devices safely

Going back to school is a common time to give kids new devices, particularly mobile phones, to help them keep in touch with family and friends. A new device for your child might well be a hand-me-down but it's still important to set it up from scratch. Make sure you:

Set it up together

Take the time to set up the device with your child. Explore the different features and make sure you both know what they do and how to use them, especially any safety features.

Read the manual

A lot of us can forget to read the manual when we're setting up a device but it's always useful to follow the guidance given by the manufacturers. If you can't find the original manual, product information can often be found online after a simple search.

Use parental controls

Setting up parental controls can help keep your kid safe on their new device. They might differ depending on the individual device, but you can often block inappropriate content, manage which apps can be downloaded and turn off location sharing.

4. Keep children safe on conferencing apps

Over lockdown, learning has increasingly moved out of the classroom and into the home, with children using conferencing apps more and more to help them learn and stay connected. Even with your child returning to school, there might still be times when they need to use conferencing apps. We recommend reading our advice on [keeping kids safe on conferencing apps](#), which has lots of helpful tips for parents and carers.

We also have specific advice on some of the most popular apps, including [Zoom](#), [Microsoft Teams](#), [Skype](#), [Google Hangouts](#) and [Google Meet](#). If your child is using any of these apps, read our reviews and check out our safety tips.