

Newsletter



18

Friday 26th May 2023



On Thursday, we had our second of three Magical Days Out for some of our year 6s. Again, it was a very inspiring day with children taking on challenges, facing their fears and stepping out of the boat.

We are immensely proud of them all for using their toolkit of lifeskills that we teach them through the Inside Out programme.

There will be more photos in the next newsletter.



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01865 880443



www.st-petersoxon.co.uk



THANKS FOR REMEMBERING
THIS IS A



PEANUT/NUT FREE
SCHOOL

We currently have two children who have serious nut allergies. Please remember that we don't allow any nuts or nut products in school. **This includes Nutella.** Thank you for helping us to keep St Peter's School a safe place.



Can we please remind you that there should be NO photos or videos taken of anyone on the school premises.

If it is a special occasion, such as sports day or a play, then you may take photos of your child only. Also, to ensure the safety of all children and staff, please make sure that no photos which may have other people in the background are shared or posted on any social media. Thank you.

Governor news

We are delighted to announce that Matthew Dixon has been elected to the Governing Board as a Parent Governor. Matthew has three children in the school and is well-known to members of the school community. As a Parent Governor, Matthew will be able to share his first-hand experience of school activities, reflect the views of fellow parents and contribute to the strategic direction of the school. He is most welcome.

From Oxfordshire Wildlife Rescue



A huge THANK YOU to St Peter's CE Primary School for raising £426 to help us purchase some new aviaries for our garden birds !!

We are extremely grateful and we will be sorting a plaque to place on the aviary once it arrives!

Bike night marshalling

Each bike night, our school field fills up with hundreds of motorbikes.

We obviously need to make sure that health & safety of both pedestrians and riders is a priority.

Because of this, we are looking for a handful of people to help with the marshalling on the school field. Staff are taking up most of the earlier slots, but we have quite a few slots free after 5pm!

If you are available to help, please complete the Parentmail that will be coming round so I can make a rota. I know lots of you will be helping with other things on the night, but if there's anyone who hasn't committed to anything yet, marshalling is for you!





Thank you!

After School Club

After half term (week beginning June 5th) After School Club will be reducing the hours that children can attend on FRIDAYS to 1 hour only. Although you will temporarily still have the option to book until 5:15pm on the booking form, going forward you will need to **pick your children up by 4:15pm on Fridays.**



Sports Days

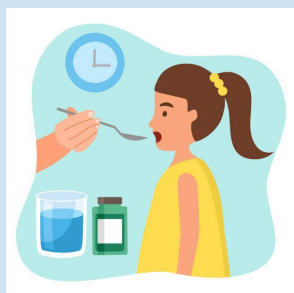
Sparrowhawks		Yellow
Red Kites		Red
Kestrels		Green
Buzzards		Blue

On Tuesday 6th June 2-3pm the children in Apple Tree Class will be taking part in activities and races on the school field. Parents are welcome to come.

Then on Wednesday 7th June at 9:00am, the children in KS1 & 2 will be taking part in running races at the Elms Road playing field. At 1:15pm they will then be taking part in different activities on the school field. Parents are welcome to attend both of them if they would like to.

Please ensure that your child comes to school in their PE kit and is wearing their team colours.
If you aren't sure which team they are in—they will know!! (Or check with Emily!)

Medication



After half term we will be starting a new system for reporting medication that is given to children. This will be done through a piece of software which will email you when the medicine has been given. Unfortunately there doesn't seem to be a way to change the time, so the time you receive the email will be the time that Emily has been given the information and had a moment to enter it, not the time the medicine was given! If you have any questions about this, please get in touch with Emily.

Design a Dinosaur Competition

We are raising money for Oxfordshire Wildlife Rescue by asking for a small donation for the design-a-dino entry form. They will be judged by someone outside the school and there will be prizes!!

You still have time to get an entry in!!!





This is just some of exciting things After School Club have been doing in forest school this term. The s'mores were particularly popular!



It has been a busy term in Oak class. The children have absolutely loved their Dinosaur topic and have been soaking up every bit of information about Mary Anning and in particular the fossil of an ichthyosaur that she found. The culmination of their topic was a visit to the Natural History museum in Oxford. Here is what some of the children wanted to say:

"We went to the museum. We saw the ichthyosaur and a plesiosaur. We even saw a giant ammonite."

"Mary Anning was a famous fossil hunter. She found the ichthyosaur." Tommy

"At school we have been having lots of fun thanks to the teachers. We have been doing paper rubbing, playing with a sort of play dough, painting, ice playing, digging and Jurassic playing." Caron

"We drew pictures of dinosaurs with chalk pastels. I did a diplodocus with orange spots. We did real dinosaurs because if we made them up it wouldn't make sense." Petra

"Mary Anning was famous for finding fossils. She found an ichthyosaur which means fish lizard." Amelia

"I had a school trip this Tuesday. I got to hold some dino poo. I also saw a T-rex skeleton. I also saw four ammonites. But guess what the best part was ... I had an ice cream!! I also held a T-rex tooth!" George

"One afternoon we made salt dough and I pressed a velociraptor dinosaur into it. Another afternoon we painted it." Peter

"I saw a big ammonite in the museum. There was a big T-rex tooth that we could hold. I had a beautiful day." Madison

"We had our topic wow afternoon on Wednesday and there were frozen dinosaur eggs. We had to use hammers to break them open. We discovered dinosaur bones in the sand that we had to brush off and put back together." Molly

"We have been learning about Mary Anning a famous fossil hunter. Here is what you will find out about her.

Dinosaurs roamed millions of years ago, some of them had huge scaly bodies and sharp teeth. Some were gentle giants with long necks and swishing tails. Millions of years later a girl called Mary Anning dug snake stones to sell for her poor family. But when she grew older her find got bigger!" Otilie

"When Mary Anning was young her dad gave her a fossil necklace. Sadly her dad died when Mary was 12. Then Mary found an ichthyosaur. It was as big as a tree (or bigger)." Isla



In Science this term, we have been learning about Habitats, those across the world such as deserts and rainforests as well as microhabitats that we might find around school. Within our topic of Habitats, we were having a go at being real scientists. We thought of our own questions which we could investigate about the things that live in the microhabitats within Forest School. We considered what information we would need to collect or observe and how we could record our data. Prepared with our questions about the length of worms or the numbers of woodlice we set off into Forest School. It happened to be one of the wettest afternoons, however that didn't deter us! We set to, carefully digging in different types of ground to find worms which we were able to carefully measure before returning them to the soil. Moving some of the log seats revealed woodlice which were counted and recorded. Due to the rain, some of our data records became rather soggy! However, we were able to review what we had found and made choices about how to present the results of our investigations. Despite the rain, the children enjoyed thinking like scientists!



As part of the coronation celebrations, Oak class created some wonderful sketches of King Charles III and of the St Edwards crown. They carefully followed instructions to produce these sketches using black fineliner pens. I was hugely impressed with the attitude with which the children approached these tasks. They were quite challenging, but everyone rose to the challenge and produced some really detailed final pieces of artwork. Their work was proudly displayed in the hall as part of our school coronation celebration.



One of the stories that the children have enjoyed reading recently has been Dogger by Shirley Hughes. In our Big Write lessons, we used the story of Dogger as inspiration for several different genres of writing.

“We were learning how to wash Dogger. We were making instructions from the start to the end. We used bullet points. We wrote neatly in cursive writing.”

As you can see, children in Oak class have worked their socks off this term! We are proud of all that they have achieved. The children thoroughly deserve their half term break!

Dear Parents/Carers,

As part of our 50 year anniversary and St Peter's Day celebrations on 30th June 2023, we want to create a circular rockery based around the values wheel. We will plant flowers organised by the colours of our values wheel on the day but before we get to this point, there is some groundwork to be done!

Over half term, we are asking you and your children to collect rocks, stones and small pebbles from day trips out, etc, that could be used in the foundations of the rockery. Please make sure that you have permission to take stones if needed.

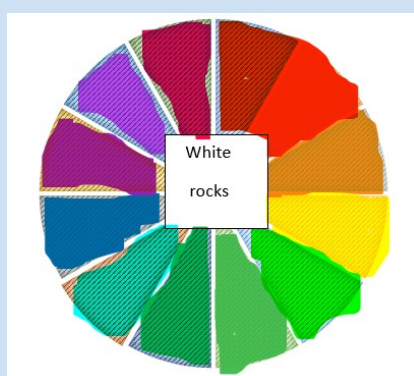
Children are very welcome to decorate their stones, put their names on, include favourite quotes or values, in fact anything creative they can think of.

Each Tuesday lunchtime after half term, Helen Barr, who is leading the project, will be available to help the children place their rocks and build the circle and spokes.

If you have plants/cuttings that are suitable for the rockery and could form part of the spokes of colour, please bring them along on Friday June 30th, where you can add these to our creation.

Examples of wild flowers, herbs and rockery plants for each spoke of the values wheel could be as follows:

- Red: a phormium (permanent grass), Tulip bulbs; salvia, strawberries
- Orange: wild poppies, pansies, marigolds
- Yellow: daffodil bulbs. Sunflowers, dandelions
- Green: Mint, rosemary, fennel, lemon balm
- Blue: Grape hyacinth bulbs, wild harebells, cornflowers, speedwell, forget me nots
- Purple: Lavender, purple sage, aubretia, crocuses
- Pink: wild geranium, rock dianthus



We hope this to be a fun project which you and your children will want to be a part of. We look forward to this live rock garden growing and evolving over time.

If there are any parents or families that would like to be more involved in this project with Helen, please let us know and we will put you in contact. This could be anything from an hour's labour in clearing the site, to advanced plant knowledge and advice!

Warmest wishes,

Jon Jeffries

Value of the term

Compassion

Child quote of the term

Try to be a rainbow in somebody else's cloud
- Teddy Prior

This Week's Big Question

This is the big question that we talked about in collective worship this week.
How about having a discussion about it at home?

**What is the relationship between
compassion and dignity?**

'R' of the Term

Reflection

Reflection



I can solve problems	
I can check how well I am doing	
I can say what I could do differently next time	

Reflection



I can tell someone what I am learning	
I can use my experiences to help me	
I can analyse my work and make changes	
I can predict what might stop me from learning	

Reflection



- I can **organise** my learning
- I can **discuss** how I learn
- I can **predict** problems and overcome
- I can **prioritise** what has to be done
- I can **consider** progress and be flexible to change plans
- I can **evaluate** and explain what I would change next time

Your children will recognise these posters from their class. You may find these useful to use at home and to help reinforce what we are doing in school.



Calendar



Please see the website for more information - <https://www.st-petersoxon.co.uk/diary>

JUNE

Monday 5th -	Term 6 starts
Tuesday 6th -	Zoolab visit for Maple Class
Tuesday 6th -	Apple Tree Sports Day - 2-3pm (Change of date)
Wednesday 7th -	KS 1 & 2 Sports Day (Change of date)
Monday 12th -	Festival of voices
Wednesday 14th -	EPA Year 3 / 4 Sports Day at Bartholomew School
Thursday 15th -	Magical Day out for some of Willow Class
Tuesday 20th -	EPA Year 5 / 6 Sports Day in Abingdon
Tuesday 20th -	Stay & Play in Apple Tree - 2-3pm - £3 per family
Tuesday 20th -	Boys Football Tournament at Eynsham School -3:30—6pm
Wednesday 21st -	CLASS PHOTOS
Monday 26th -	Bike Night!
Tuesday 27th -	Year 3 / 4 Rugby Festival - 9am-12pm
Thursday 29th -	Whole School Transition Day
Friday 30th -	ST PETER'S DAY

JULY

Tuesday 4th -	Transition for Nursery and Reception only
Tuesday 4th -	Girls football tournament at Eynsham Primary 3:30-6pm
Wednesday 5th -	Willow Class trip to Christchurch cathedral - 9:15am-1:30pm
Monday 10th -	End of year trip for KS2 (early start!)
Wednesday 12th -	End of year trip for KS1
Wednesday 12th -	Willow Class performance (afternoon)
Thursday 13th -	Willow Class performance (evening)
Friday 14th -	iRock concert - 2:30pm
Monday 17th -	End of year trip for Apple Tree Class
Wednesday 19th -	End of term - 1:15pm

Free Trial Session and £40 discount at Perform

Popular children's drama and dance school Perform is offering a Free Trial Session and a **special introductory discount of £40 for members of St Peter's CE Primary School** if they sign up by Saturday 23rd September. Parents should quote TERP230923 when they book their free session by going to perform.org.uk/try or calling 020 7255 9120.

You can find out more about the classes at perform.org.uk/try. Alternatively, pdf flyers can be downloaded from [here](#).

The nearest classes to St Peter's Ce Primary School are as follows (please click for a map and further details):

There are others too. Click to find all the nearest [here](#) or view a list of [all areas](#).

[Perform Oxford \(Drama for 4-12s\)](#)
(4 miles)

West Oxford Community Centre
Botley Road,



BOOK BY 6TH JUNE TO SAVE

ULTIMATE ACTIVITY CAMPS

OFSTED REGISTERED

PAY BY CHILDCARE VOUCHERS

GET SET FOR ULTIMATE HOLIDAY FUN!

OUTSTANDING ACTIVITY DAY CAMPS FOR 4 TO 14 YEAR OLDS DURING THE SCHOOL SUMMER HOLIDAYS AT

HEADINGTON SCHOOL OXFORD

ULTIMATEACTIVITY.CO.UK

FRESH AIR FUN

INSPIRING CHILDREN EVERYDAY

FLEXIBLE BOOKINGS

Primary School Health Team

Term 5 May 2023 Newsletter

This newsletter aims to provide families and young people with some useful tips for keeping healthy...

*Childhood is an important time to instil **healthy habits** and learn **crucial life skills**.*

Establishing these habits early on will help to improve your child's future quality of life and enable them to reach their full potential in education and beyond.

Primary School Health Nurses are based in localities, and work closely with parents and carers to meet the health needs of children. If you have any health concerns regarding your child please contact the school health nursing team details at end of this newsletter.

**KEEP CALM
AND
DRINK MORE WATER**

Hydration

The human body is made up of about 75% water and it is needed for multiple functions. Dehydration is linked to mood swings,

irritability, poor concentration and headaches. Sending your child to school with a full water bottle each day, will help them to concentrate better and get the most out of the day. Aim for six to eight cups or mugs per day of water or milk. The amount per cup depends on the age of the child:

- Under 5 years 120-150ml cup.
- 6 years and above 250-300ml cup.
- An easy way to monitor fluid intake is in the colour of their urine:



Learning to swim is the best way to increase safety around water.

There are many places around Oxfordshire offering swim lessons. If you are receiving benefits and live in, or can travel into Oxford City, free swimming lessons are available for all children under 16 years.

Information can be found [here](#)

**Learning Disability Week
19th - 25th June
2023**

Learning Disability Week is all about making sure the world hears what life is like if you have a learning disability. A learning disability is a reduced intellectual ability and difficulty with everyday activities – for example household tasks, socialising or managing money – which affects someone for their whole life. People with a learning disability tend to take longer to learn and may need support to develop new skills, understand complicated information and interact with other people. It's important to remember that with the right support most people with a learning disability in the UK can lead independent lives.

For more information visit:

[Mencap](#)

mencap

[Learning Disability Week](#)

Infection, Prevention, Control **NHS**

Are you drinking enough?

Colours 1-3 suggest normal urine

1		Check the colour of your urine against this colour chart to see if you're drinking enough fluids throughout the day.
2		If your urine matches 1-3, then you're hydrated.
3		
Colours 4-8 suggest you need to rehydrate		
4		If your urine matches 4-8, then you're dehydrated and you need to drink more.
5		
6		If you have blood in your urine (red or dark brown), seek advice from your GP.
7		
8		Please be aware that certain foods, medications and vitamin supplements can change the colour of urine.



Need some lunch, dinner or snack inspiration?

Visit "[Better health: Healthier families](#)" website for some great new ideas for lunches, dinner recipes, breakfasts that even the fussiest child might like and healthy snacks for all.



#NATIONALWALKINGMONTH

Walking is the easiest, cheapest, and most accessible form of physical activity and that's why we think it's so important to encourage children to do more of it. A brisk walk of just 20 minutes to and from school can have fantastic mental and physical health benefits.

HAPPIER CHILDREN LESS CONGESTION CLEANER AIR

School Aged Immunisation Service



For advice on booking an appointment for outstanding

vaccinations please email us at

immunisationteam@oxfordhealth.nhs.uk stating your child's name, school, date of birth, your contact phone number and state which vaccination(s) are missing.

WORRIED ABOUT CYBER BULLYING?



- Talk to your child about who they're talking to online and encourage them to think before talking to people they don't know in person
- Try to understand and guide your child's online behaviour - negotiate and establish boundaries and discuss sensitively the issues around the concept of 'friends'
- Familiarise yourself with the social networking sites and chat programmes your child uses. Find out more about its build-in safety functions
- Ask your child if they know how to block someone who they don't want to talk to anymore. If they don't, help them learn how to use the blocking feature
- Use widely available parental control software and consider using filtering options, monitoring and setting time limits for access to chat.
- If you discover misconduct between your child and someone online stay calm, investigate the facts and seek expert help. If someone has acted inappropriately towards your child, or someone else (such as sexual chat, or asking them to meet up) contact the [Child Exploitation and Online Protection Centre \(CEOP\)](#)

[NSPCC](#) and [O2](#) have a free online safety helpline for parents and carers - 0808 800 5000 . Find more information for parents and carers on [Internet Matters](#)

Child and Adolescent Mental Health Services (CAMHS)

[Oxfordshire CAMHS](#) offers a single point of access for parents/carers, who have concerns around mental health.

Single Point of Access (SPA):

01865 902515

You can also visit <https://youngminds.org.uk/> which has a helpline



Or visit

<https://www.familylives.org.uk/>



Visit our School Health Nurse website:

www.oxfordhealth.nhs.uk/school-health-nurses/

Facebook page <https://www.facebook.com/oxschoolnurses/>

Parentline—ChatHealth

To contact the primary school health nurse team please use our texting service, you can text 24/7 and messages will be responded to the next working day.

Click on the arrow and start your chat or text 07312 263227

Text ParentLine

ChatHealth **NHS Oxford Health NHS Foundation Trust**

ParentLine 5-11 years

New School Health Nursing messaging service for parents and carers of children 5-11 years attending a state school in Oxfordshire

Text **07312 263227** to message a school health nurse

health service on: **07312 263227**

bullying

support with behaviours

general and emotional health

Or scan QR code here to start a chat

2023, A Year in Cassington*

PHOTOGRAPHY COMPETITION

In case you missed it, next year CAWN will be running a photography competition to capture a snapshot of life in Cassington in 2023 as part of the celebrations of 900 years of St Peter's Church.

To re-cap, there will be a new topic each month with prizes for the best photographs in both under 16 and over 16 categories. Twelve of the winning photographs will feature in a calendar for 2024 and, together with many of the other entries plus images and stories from the past, feature in a Commemorative Book we aim to produce to mark this milestone.

The topics are hopefully broad enough to allow you to capture whatever, wherever or whoever is important to you, and between us we can create an exciting record of our village and our community. Here's your first topic ...

JANUARY'S TOPIC

Cassington Celebrates

Entries to chinton260@outlook.com between 1st and 15th January

With name, picture title or caption, and age category please

So, get snapping. What will you be celebrating? Christmas? New Year? 900 Years of Cassington Church? A big birthday? A lottery win? Whatever you celebrate, if it's a snapshot of life in our village take a picture and send it in.

Topics for the year are listed on the right, so get thinking. **You can take your pictures at any time** but, to help us keep things organised, please submit them in the appropriate entry window.

The December topic is 'St Peter's Church' and entries for this can be submitted at any time during the year up to the 15th November 2023 so that we can ensure the calendar is available in time for Christmas.

A reminder and submission details will be published every month, but meanwhile here are the basics ...

- The competition is free to enter and open to anyone living in or associated with Cassington or Worton
- Submissions will be judged blind and there will be prizes
- Entries are to be sent by email between the correct submission dates with all appropriate details to chinton260@outlook.com
- Please see the October 2022 issue of CAWN for more details

We hope you will all join in the competition and help us to create an exciting record of Cassington in our time.

* Please consider all references to 'Cassington' to include Cassington, Worton and its surrounding countryside.

Topics and submission windows

JANUARY

Cassington CELEBRATES

1st to 15th January

FEBRUARY

Cassington AT WORK

1st to 15th February

MARCH

Cassington GOES WILD

1st to 15th March

APRIL

Cassington COMMUNITY

1st to 15th April

MAY

Cassington ROUND AND ABOUT

1st to 15th May

JUNE

Cassington CREATES

1st to 15th June

JULY

Cassington BIKE NIGHT

1st to 15th July

AUGUST

Cassington CULTIVATES

1st to 15th August

SEPTEMBER

Cassington CARES

1st to 15th September

OCTOBER

Cassington AT PLAY

1st to 15th October

NOVEMBER

Cassington CHARACTERS

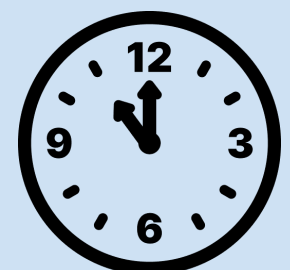
1st to 15th November

DECEMBER

Cassington ST PETER'S CHURCH

Any time up to 15th November

If you would like to put anything in the newsletter, please get it to Emily in the office, by Friday 11am at the latest!



BE SMART ONLINE



S

SAFE

Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.



M

MEET

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

THINK
U
KNOW
CO.UK

A

ACCEPTING

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.



R

RELIABLE

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.



T

TELL

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or www.childline.org.uk



BE SMART WITH A HEART

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.





Dino Digital Detectives

Name	
Class	
Potential harmful activity detected	
Date handed to office	

Action	
Review	

Unlocking....

Minds that learn, Hearts that love, Faith that gives

