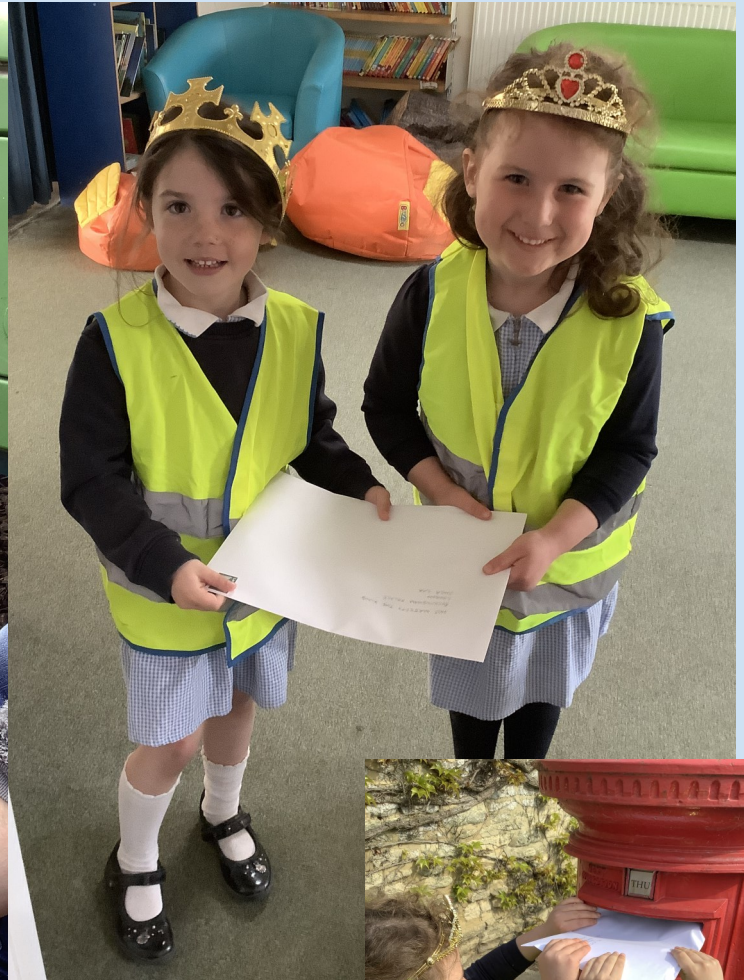


Newsletter

17

Friday 12th May 2023



Apple Tree wrote letters to King Charles
(and enjoyed feeding the chickens!)



Office.3651@st-peters.oxon.sch.uk



01865 880443



www.st-petersoxon.co.uk



THANKS FOR REMEMBERING
THIS IS A



PEANUT/NUT FREE
SCHOOL

We currently have two children who have serious nut allergies. Please remember that we don't allow any nuts or nut products in school. **This includes Nutella.** Thank you for helping us to keep St Peter's School a safe place.

After School Club

After half term (week beginning June 5th) After School Club will be reducing the hours that children can attend on FRIDAYS to 1 hour only. Although you will temporarily still have the option to book until 5:15pm on the booking form, going forward you will need to **pick your children up by 4:15pm on Fridays.**



Sports Days

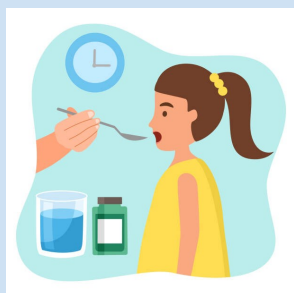
Sparrowhawks		Yellow
Red Kites		Red
Kestrels		Green
Buzzards		Blue

On Tuesday 6th June 2-3pm the children in Apple Tree Class will be taking part in activities and a few races on the school field. Parents are welcome to attend.

Then on Wednesday 7th June at 9:00am, the children in KS1 & 2 will be taking part in running races at the Elms Road playing field. At 1:15pm they will then be taking part in different activities on the school field. Parents are welcome to attend both of them if they would like to.

Please ensure that your child is wearing their team colours. If you aren't sure which team they are in—they will know!! (Or check with Emily!)

Medication



After half term we will be starting a new system for reporting medication that is given to children. This will be done through a piece of software which will email you when the medicine has been given. Unfortunately there doesn't seem to be a way to change the time, so the time you receive the email will be the time that Emily has been given the information and had a moment to enter it, not the time the medicine was given! If you have any questions about this, please get in touch with Emily.

Design a Dinosaur Competition

Look out for our Design-a-Dino competition next week! We are raising money for Oxfordshire Wildlife Rescue by asking for a small donation for the design-a-dino entry form. They will be judged by someone outside the school and there will be prizes!!



We have had such a wonderful start to our term, beginning our new topic 'once upon a time.' Apple Tree have been busy learning about the Author Julia Donaldson and looking deeper into a few of her stories. We started off with the Gruffalo before moving onto Zog. She writes so beautifully and the children have been retelling her stories and discussing the order in which the scenes happen e.g. the order in which the mouse and the Gruffalo's child meet animals. Some children have been writing their own stories, sending Zog on a different adventure and have been exploring Gruffalo crumble!

The illustrations in the books are just fantastic, so we decided to try and be an illustrator, just like Axel Scheffler and the results are amazing!! Apple Tree sat down with their clipboard and pen and followed a tutorial to draw their very own Gruffalo!! Take a look at how wonderful they are!

During Forest school we have really been enjoying the warmer and drier weather. The fruit trees have started to blossom and the children have been keeping watch on these each week, as well as making their own fire (like Zog!) to toast their own chocolate brioche. We have been able to meet and stroke the chickens as well as hand feed them and have been busy turning over logs and looking for insects. We have found worms, snails, slugs and a slow worm!

This past week and more we have been enjoying the build up to King Charles' coronation and have been reflecting on the event after. This is a big moment in History, so we have been learning all about King Charles, his family and the events that happen at a coronation. The children even drew some pictures of him and wrote him notes to make a card, which we posted to the Palace - we hope he replies! We designed our own crowns, searched for jewels, made willow crowns and enjoyed a coronation party as a whole school.

We look forward to exploring some more Julia Donaldson books in the coming weeks and of course, our much-anticipated trip to 'The children's play village' in Warwick.





The Coronation





A Message From Mr Jeffries



Dear Parents/Carers,

I must begin this week by talking about how well the year 6s have done with their SATs. The children's attitude to the whole week has been faultless. As you would expect, the papers were challenging but the children didn't miss a beat in their concentration and approach to answering the questions. As we know, life is full of challenges, and it is the attitude towards dealing with the challenge that counts. What we do at St Peter's is half about the learning and knowledge, and half about preparation and skills for life. These two aspects came together perfectly this week for our year 6 children; a hearty well done! Huge thanks to Mr Miles and team who have each had their part to play in preparing the children so well. A magnificent effort all round.

It will be Year 2's turn next week for their SATs, and similarly, I know the children are ready and prepared. Good luck – you will be great!

Despite the weather last Friday, we made the absolute best of it with our coronation celebrations in the hall. Thank you to everyone who donated cake and a massive thank you to our governor Helen Barr and parents Mrs Johnson and Mrs Thomson who kept everyone topped up with copious amounts of tea! Apple Tree children were brilliant with their song, Oak children produced some fantastic art that we were able to display in the hall, Maple gave us a sneak preview of what the coronation would look like through their drama and Willow wowed us with their country dancing. Thank you to everyone who was able to join us and for creating a wonderful atmosphere for the children to perform in.

Warmest wishes for hopefully a warmish weekend!

Jon Jeffries

**NOT SUITABLE
FOR CHILDREN**

Bartholomew Players present

*Laugh-along
feelgood theatre!*

A BUNCH OF AMATEURS



£10

7.30pm

He's handled Hollywood.... But can he master the Bard?

Wed 17th – Sat 20th May

Tickets available on the door or in advance from:
www.trybooking.co.uk/CCIR | Denise: 07721 744020
bart.players@gmail.com | Evenlode DIY

EYNHAM VILLAGE HALL OX29 4QW

EYNHAM VILLAGE HALL | BACK LANE | EYNHAM | OX29 4QW | WWW.BARTHOLOMEWPLAYERS.CO.UK

ALL KIDS
AGED 5-11
YEARS OLD
ARE WELCOME
AT CAMP
iROCK

CAMP iRock

31st July - 4th August 2023

Didcot, Epsom, Gloucester,
Maidenhead, Wokingham, Romford,
& Royal Tunbridge Wells

7th-11th August 2023

Alton, Chelmsford, Coulsdon,
Didcot, Hemel Hempstead, Romford,
Stroud & Rochester

Camp iRock runs for a 5 day week from 8.30 - 4.30
Mon to Fri. End of Week Concert at 14:30 on the Friday!



Places are limited, scan the QR
code to secure yours now

Includes T-shirt and MP3 plus music
video and downloadable photos

irockschool.com/camp 0330 174 2655 info@irockschool.com

WITNEY VIKINGS YOUTH FC

U12 GIRLS Recruiting...

SEASON 2023-24

YEAR 7 IN SEPT

We currently train on Tuesday evenings 6-7pm with league games on
Saturday mornings, in and around Oxfordshire. Please contact Toni Wyatt
on 07854 111675 or toninwyatt@hotmail.com for more information.

www.witneyvikings.co.uk



Calendar



Please see the website for more information - <https://www.st-petersoxon.co.uk/diary>

MAY

Tuesday 16th -	Design-a-Dino competition
Tuesday 16th -	Stay & Play in Apple Tree - 2-3pm - £3 per family
Tuesday 16th -	U11 Mixed Football Tournament
Tuesday 23rd -	Apple Tree trip to Warwick
Tuesday 23rd -	Oak Class trip to Oxford Natural History Museum
Tuesday 23rd -	U11 Cricket at Bartholomew - 3:45 to 6pm
Tuesday 23rd -	Dental Survey - Return visit for year 6 only - 9am
Wednesday 24th -	Vision Screening for Reception Class
Thursday 25th -	Magical Day out for some of Willow Class
Friday 26th -	NSPCC Workshop for Year 5 & 6
Monday 29th -	HALF TERM

JUNE

Monday 5th -	Term 6 starts
Tuesday 6th -	Zoolab visit for Maple Class
Tuesday 6th -	Apple Tree Sports Day - 2-3pm (Change of date)
Wednesday 7th -	KS 1 & 2 Sports Day (Change of date)
Monday 12th -	Festival of voices
Wednesday 14th -	EPA Year 3 / 4 Sports Day at Bartholomew School
Thursday 15th -	Magical Day out for some of Willow Class
Tuesday 20th -	EPA Year 5 / 6 Sports Day in Abingdon
Tuesday 20th -	Stay & Play in Apple Tree - 2-3pm - £3 per family
Tuesday 20th -	Boys Football Tournament at Eynsham School -3:30—6pm
Wednesday 21st -	CLASS PHOTOS
Monday 26th -	Bike Night!
Tuesday 27th -	Year 3 / 4 Rugby Festival - 9am-12pm
Thursday 29th -	Whole School Transition Day

Free Trial Session and £40 discount at Perform

Popular children's drama and dance school Perform is offering a Free Trial Session and a **special introductory discount of £40 for members of St Peter's CE Primary School** if they sign up by Saturday 23rd September. Parents should quote TERP230923 when they book their free session by going to perform.org.uk/try or calling 020 7255 9120.

You can find out more about the classes at perform.org.uk/try. Alternatively, pdf flyers can be downloaded from [here](#).

The nearest classes to St Peter's Ce Primary School are as follows (please click for a map and further details):

There are others too. Click to find all the nearest [here](#) or view a list of [all areas](#).

[Perform Oxford \(Drama for 4-12s\)](#)
(4 miles)
Wednesdays at 5.05pm

West Oxford Community Centre
Botley Road,
OX2 0BT

BOOK BY 6TH JUNE TO SAVE

ULTIMATE ACTIVITY CAMPS

OFSTED REGISTERED

PAY BY CHILDCARE VOUCHERS

GET SET FOR ULTIMATE HOLIDAY FUN!

FRESH AIR FUN

INSPIRING CHILDREN EVERYDAY

FLEXIBLE BOOKINGS

Outstanding activity day camps for 4 to 14 year olds during the school summer holidays at

HEADINGTON SCHOOL OXFORD

ULTIMATEACTIVITY.CO.UK



Primary School Health Team

Term 5 May 2023 Newsletter

This newsletter aims to provide families and young people with some useful tips for keeping healthy...

*Childhood is an important time to instil **healthy habits** and learn **crucial life skills**.*

Establishing these habits early on will help to improve your child's future quality of life and enable them to reach their full potential in education and beyond.

Primary School Health Nurses are based in localities, and work closely with parents and carers to meet the health needs of children. If you have any health concerns regarding your child please contact the school health nursing team details at end of this newsletter.



Hydration

The human body is made up of about 75% water and it is needed for multiple functions. Dehydration is linked to mood swings,

irritability, poor concentration and headaches. Sending your child to school with a full water bottle each day, will help them to concentrate better and get the most out of the day. Aim for six to eight cups or mugs per day of water or milk. The amount per cup depends on the age of the child:

- Under 5 years 120-150ml cup.
- 6 years and above 250-300ml cup.
- An easy way to monitor fluid intake is in the colour of their urine:



Learning to swim is the best way to increase safety around water.

There are many places around Oxfordshire offering swim lessons. If you are receiving benefits and live in, or can travel into Oxford City, free swimming lessons are available for all children under 16 years.

Information can be found [here](#)

Learning Disability Week 19th - 25th June 2023

Learning Disability Week is all about making sure the world hears what life is like if you have a learning disability. A learning disability is a reduced intellectual ability and difficulty with everyday activities – for example household tasks, socialising or managing money – which affects someone for their whole life. People with a learning disability tend to take longer to learn and may need support to develop new skills, understand complicated information and interact with other people. It's important to remember that with the right support most people with a learning disability in the UK can lead independent lives.

For more information visit:

[Learning Disability Week](#)

[Mencap](#)



Infection,
Prevention,
Control
your safe hands

NHS

Are you drinking enough?

Colours 1-3 suggest normal urine

1

Check the colour of your urine against this colour chart to see if you're drinking enough fluids throughout the day.

2

3

If your urine matches 1-3, then you're hydrated.

Colours 4-8 suggest you need to rehydrate

4

If your urine matches 4-8, then you're dehydrated and you need to drink more.

5

6

If you have blood in your urine (red or dark brown), seek advice from your GP.

7

Please be aware that certain foods, medications and vitamin supplements can change the colour of urine.

8

Copyright © 2014 by Infection Prevention and Control: National Infection Survey, November 2014



Need some lunch, dinner or snack inspiration?

Visit "[Better health: Healthier families](#)" website for some great new ideas for lunches, dinner recipes, breakfasts that even the fussiest child might like and healthy snacks for all.



#NATIONALWALKINGMONTH

Walking is the easiest, cheapest, and most accessible form of physical activity and that's why we think it's so important to encourage children to do more of it. A brisk walk of just 20 minutes to and from school can have fantastic mental and physical health benefits.

HAPPIER CHILDREN LESS CONGESTION CLEANER AIR

School Aged Immunisation Service



For advice on booking an appointment for outstanding

vaccinations please email us at immunisationteam@oxfordhealth.nhs.uk stating your child's name, school, date of birth, your contact phone number and state which vaccination(s) are missing.

WORRIED ABOUT CYBER BULLYING?



- Talk to your child about who they're talking to online and encourage them to think before talking to people they don't know in person
- Try to understand and guide your child's online behaviour - negotiate and establish boundaries and discuss sensitively the issues around the concept of 'friends'
- Familiarise yourself with the social networking sites and chat programmes your child uses. Find out more about its build-in safety functions
- Ask your child if they know how to block someone who they don't want to talk to anymore. If they don't, help them learn how to use the blocking feature
- Use widely available parental control software and consider using filtering options, monitoring and setting time limits for access to chat
- If you discover misconduct between your child and someone online stay calm, investigate the facts and seek expert help. If someone has acted inappropriately towards your child, or someone else (such as sexual chat, or asking them to meet up) contact the [Child Exploitation and Online Protection Centre \(CEOP\)](#)

[NSPCC](#) and [O2](#) have a free online safety helpline for parents and carers - 0808 800 5000. Find more information for parents and carers on [Internet Matters](#)

Child and Adolescent Mental Health Services (CAMHS)

[Oxfordshire CAMHS](#) offers a single point of access for parents/carers, who have concerns around mental health.

Single Point of Access (SPA):
01865 902515

You can also visit <https://youngminds.org.uk/> which has a helpline

Or visit <https://www.familylives.org.uk/>

YOUNG MINDS
fighting for young people's mental health

family lives

Visit our School Health Nurse website:

www.oxfordhealth.nhs.uk/school-health-nurses/

Facebook page <https://www.facebook.com/oxschoolnurses/>

Parentline—ChatHealth

To contact the primary school health nurse team please use our texting service, you can text 24/7 and messages will be responded to the next working day.

Click on the arrow and start your chat or text 07312 263227

Text ParentLine

ChatHealth **NHS Oxford Health NHS Foundation Trust**

ParentLine 5-11 years

New School Health Nursing messaging service for parents and carers of children 5-11 years attending a state school in Oxfordshire

Text 07312 263227
to message a school health nurse

Health advice on:

- Sleep
- Bullying
- Support with behaviours
- General and emotional health

Or scan QR code here to start a chat

2023, A Year in Cassington*

PHOTOGRAPHY COMPETITION

In case you missed it, next year CAWN will be running a photography competition to capture a snapshot of life in Cassington in 2023 as part of the celebrations of 900 years of St Peter's Church.

To re-cap, there will be a new topic each month with prizes for the best photographs in both under 16 and over 16 categories. Twelve of the winning photographs will feature in a calendar for 2024 and, together with many of the other entries plus images and stories from the past, feature in a Commemorative Book we aim to produce to mark this milestone.

The topics are hopefully broad enough to allow you to capture whatever, wherever or whoever is important to you, and between us we can create an exciting record of our village and our community. Here's your first topic ...

JANUARY'S TOPIC

Cassington Celebrates

Entries to chinton260@outlook.com between 1st and 15th January

With name, picture title or caption, and age category please

So, get snapping. What will you be celebrating? Christmas? New Year? 900 Years of Cassington Church? A big birthday? A lottery win? Whatever you celebrate, if it's a snapshot of life in our village take a picture and send it in.

Topics for the year are listed on the right, so get thinking. **You can take your pictures at any time** but, to help us keep things organised, please submit them in the appropriate entry window.

The December topic is 'St Peter's Church' and entries for this can be submitted at any time during the year up to the 15th November 2023 so that we can ensure the calendar is available in time for Christmas.

A reminder and submission details will be published every month, but meanwhile here are the basics ...

- The competition is free to enter and open to anyone living in or associated with Cassington or Worton
- Submissions will be judged blind and there will be prizes
- Entries are to be sent by email between the correct submission dates with all appropriate details to chinton260@outlook.com
- Please see the October 2022 issue of CAWN for more details

We hope you will all join in the competition and help us to create an exciting record of Cassington in our time.

* Please consider all references to 'Cassington' to include Cassington, Worton and its surrounding countryside.

Topics and submission windows

JANUARY

Cassington CELEBRATES

1st to 15th January

FEBRUARY

Cassington AT WORK

1st to 15th February

MARCH

Cassington GOES WILD

1st to 15th March

APRIL

Cassington COMMUNITY

1st to 15th April

MAY

Cassington ROUND AND ABOUT

1st to 15th May

JUNE

Cassington CREATES

1st to 15th June

JULY

Cassington BIKE NIGHT

1st to 15th July

AUGUST

Cassington CULTIVATES

1st to 15th August

SEPTEMBER

Cassington CARES

1st to 15th September

OCTOBER

Cassington AT PLAY

1st to 15th October

NOVEMBER

Cassington CHARACTERS

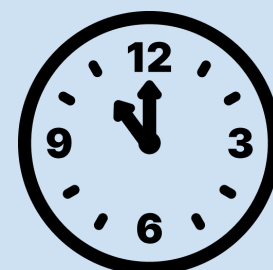
1st to 15th November

DECEMBER

Cassington ST PETER'S CHURCH

Any time up to 15th November

If you would like to put anything in the newsletter,
please get it to Emily in the office, **by Friday 11am at
the latest!**



BE SMART ONLINE



S

SAFE

Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.



M

MEET

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

THINK
U
KNOW
online

A

ACCEPTING

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.



R

RELIABLE

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.



T

TELL

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or www.childline.org.uk



BE SMART WITH A HEART

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.





Dino Digital Detectives

Name	
Class	
Potential harmful activity detected	
Date handed to office	

Action	
Review	

Unlocking....

Minds that learn, Hearts that love, Faith that gives

