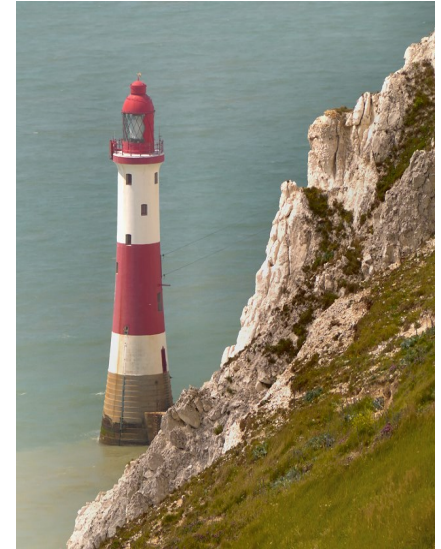


The Lighthouse Keeper's Lunch.



Key Concepts:

- Exploring British coastline.
- Locating the 4 countries in the UK.
- Recognising symbols on a map.
- Understanding we must eat a variety of food to stay healthy.
- Creating a healthy meal.
- Learning what geographical features can be seen by the sea.
- Explain different human and physical coastal features.

Key Vocabulary:

Healthy, balanced diet, food groups, human, physical, maps, keys, capitals, cities, countries, United Kingdom.

Key Questions:

1. What are lighthouses for?
2. What are the names of the 4 countries that make up the UK?
3. Why should we eat a variety of foods to stay healthy?
4. How do you read a map?
5. What are the 5 main food groups?
6. How did Lighthouses work in the past and how has that change more recently?