

# Newsletter



5

Friday 4th November 2022

We'll be wearing odd socks with the **Anti-Bullying Alliance** and their patrons, **Andy and the Odd Socks**, on **Monday 14<sup>th</sup> November** for **Odd Socks Day**. Will you?

**Odd Socks Day**

**#AntiBullyingWeek**  
**#OddSocksDay**



## WHAT DO WE NEED FROM YOU?

It's so easy 😊 Here's what you do:

- 1.** Make sure your child wears odd socks to school
- 2.** **Donate** £1 to help the Anti-Bullying Alliance carry on important work
- 3.** If you want to, you can share a photo online using **#OddSocksDay** **#AntiBullyingWeek** and tag **@abaonline** and **@AndyOddSock** on Twitter. Or **@antibullyingalliance** and **@andyandtheoddssocks** on Instagram.

Monday  
**14<sup>TH</sup>**  
November



Office.3651@st-peters.oxon.sch.uk



01865 880443



www.st-petersoxon.co.uk



THANKS FOR REMEMBERING  
THIS IS A



PEANUT/NUT FREE  
SCHOOL

We currently have two children who have serious nut allergies. Please remember that we don't allow any nuts or nut products in school. **This includes Nutella.** Thank you for helping us to keep St Peter's School a safe place.

## Sad Chicken News

The week before half term we rescued another 3 chickens through the British Hen Welfare Trust. These hens had always lived in cages and are super friendly—they love being picked up and cuddled!

Unfortunately, they all came with various health problems. Combined with this and the stress of moving somewhere new, unfortunately Hen Solo wasn't strong enough to make it and she died last weekend, despite initially seeming to be doing ok.

Some of our chicken leaders have been very upset, but we just need to remember that she spent the last few weeks of her life feeling loved and safe (except the odd peck from the old chickens!), being spoilt with treats and plenty of good food!



Hen Solo



Hen Solo

**If anybody has access to any woodchip, the chickens would greatly appreciate them! With all of this heavy rain, their run is turning into a bit of a quagmire! Thank you.**

## School photos

If your child was at school on Tuesday, they would have had their photo taken, (unless we spoke to you on the day). They will have come home with an A5 sized piece of card / paper with a QR code on it. This is how you get your prints! If you have lost the card, you will need to contact them by email on



[info@schoolphotographs.co.uk](mailto:info@schoolphotographs.co.uk) or call 01295 250 812 and select option 1. A member of their customer care team should be able to give you the details that you need to place an order.

## PSHRE

### Personal, Social, Health and Relationships Education

As you may know, our PSHRE curriculum here at St Peter's is based around the resources that Inside Out have designed. Just like we need 5 fruit and vegetables to maintain our physical health, we need the 5 Keys to maintain our mental health ([www.theinsideout.org.uk](http://www.theinsideout.org.uk)). Each term we focus on a different Key. In addition to our lessons around our Key we will also have lessons throughout the year that focus on something specific, for example internet safety. Please see your child class page on the website for all the detail of what they will be doing this term...

## Art

In art we have been working on a project to research, design and make imitation Greek pottery. We examined and compared shapes, styles, and designs used by the ancient Greeks and will be using these in our own work.



## English

In this picture you can see Willow class practising performing actions we made up to help us memorise the model text we are using for our English unit. It's called Maze Monster and is about the Minotaur from ancient Greek legend.



## Topic



This week we re-enacted the battle of Marathon as part of our Ancient Greece topic. Many thanks for supporting the children in designing and making their shields, they look fantastic as you can see below! Osian said, "Year 6, the Hoplites, got into position at Athens (the story throne) and year 5, the Persians, got ready at the bay of Marathon, the adventure playground. Pheidippides (Isla) was sent by General Miltiades (Thomas) to get the Spartan army (the football pitch) but they were having a religious part and said that they couldn't come until they were finished. The Hoplites went by themselves to fight. The Persians were ordered by King Darius (Isla) to attack and they pushed the Athenian centre phalanx back but the right and left Phalanx came around to attack and the Persians ran back to their ships. Pheidippides ran back to Athens to send a message that the Persians may attack with the Hoplites following behind. The Persians got to Athens but saw the Hoplites and ran back to their ships while the Athenians celebrated victory.



Emily concluded "It was fun because we got to fight each other and see what actually happened."

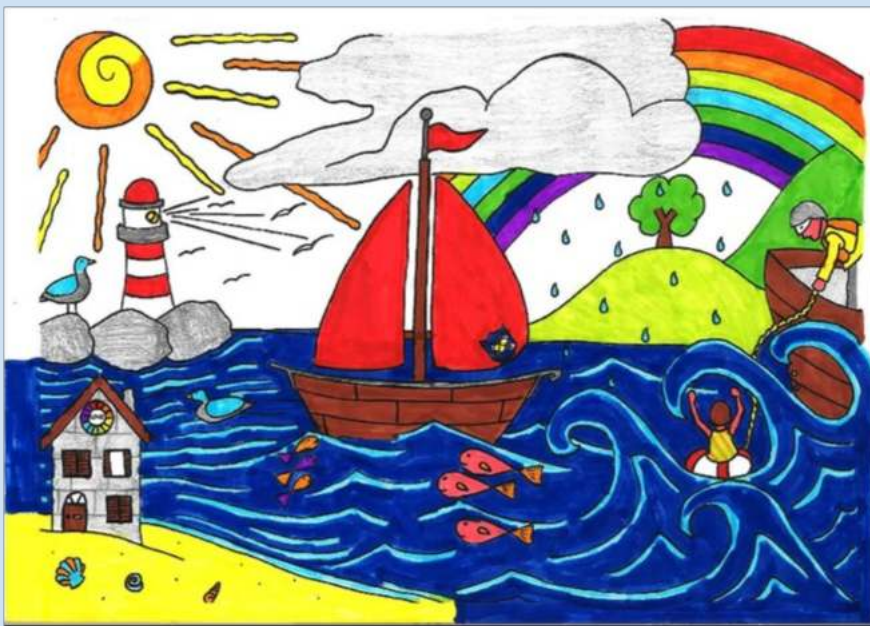


## Residential

Thank you for attending the residential parents meeting this week. If you were unable to attend then please have a look at Willow class page, you will find the slides from the presentation there along with a parents kit list.

Dear Parents/Carers,

As a whole school this week we have been discussing our ideas about spirituality and using our school picture and spirituality objects to help support these ideas. We shared experiences of when we have been the person needing the life buoy, if we have been the person offering the life buoy, the rocks (potential dangers) that we have or have not avoided, and the people who have been our lighthouse helping to guide us away from trouble. In our governors' meeting this week, we also shared experiences using these stimuli and I would encourage you to do this with your children and as a family – it's a great way to start some deep conversation! Perhaps start by asking your children the meaning behind the different parts of the picture and how their spirit (their rudder) guides them to make choices. For more details on our spirituality journey please see the website: <https://www.st-petersoxon.co.uk/spirituality-at-st-peters/>



As the village gears up for the 900 years of St Peter's church celebrations next year, the school has been discussing how we can be a part of this. Jess Jones' art club have already spent much of this term working on figures from the last nine centuries of English history which will be ready for display in the church. We are also finalising a whole school project for the end of term where every child will be able to contribute. We will share more details on this shortly.

Wishing you a peaceful and spiritual weekend.

Jon Jeffries



This **ANTI-BULLYING WEEK**  
we are holding

**ODD SOCKS DAY** on  
**MONDAY 14<sup>TH</sup> NOVEMBER 2022**



Come to school  
wearing your odd  
socks to celebrate  
what makes us all  
unique!

If you're worried about bullying you can speak to ...

**your class teacher**

**#OddSocksDay  
#AntiBullyingWeek  
#ReachOut**



# Value of the term

## Peace

# Child quote of the term

Coming next week!

# This Week's Big Question

This is the big question that we talked about in collective worship this week.  
How about having a discussion about it at home?

**Where do you go to find peace?  
Where can Christians go to find peace?**

# 'R' of the Term Responsibility

## Responsibility



I can **choose** to help others



I can **show** care for the school and equipment



I can **demonstrate** good choices



## Responsibility



I can **demonstrate** care for the world around me



I can **choose** to put others' needs before my own



I can **explain** the importance of playing my part



## Responsibility



- I can **build** awareness of myself
- I can **show** I own my actions
- I can **demonstrate** maturity and take initiative
- I can **discuss** the importance of playing my part
- I can **imagine** others' feelings
- I can **influence** by creating positive ripples

Your children will recognise these posters from their class. You may find these useful to use at home and to help reinforce what we are doing in school.



# Information



## JUDO

Don't forget the Golden Anniversary Tournament on

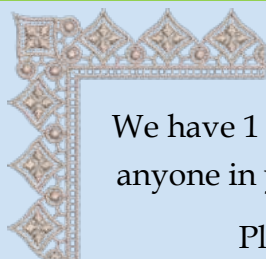
**Sunday 27th November.**

Sign up can be done here! [www.oxfordshirejudo.com/tournament](http://www.oxfordshirejudo.com/tournament)



## TENNIS CLUB

Tennis club is returning after half term, starting on Thursday 10th November. Please go to the website to book—[www.exceltennisacademy.co.uk](http://www.exceltennisacademy.co.uk)



## Lace Club

We have 1 space for a child to join Mrs Howe's lace club. This is open to anyone in year 4, 5 or 6 and is held after school until 4pm on Thursdays.

Please email the office if your child would like to try it.

Please see the website for more information - <https://www.st-petersoxon.co.uk/diary>

## NOVEMBER

- Monday 7th - Boccia Tournament - 3:30-5:30pm at Bartholomew Sports Hall
- Wednesday 9th - Flu vaccinations - **PLEASE SUBMIT YOUR CONSENT FORM ONLINE** by 9/11/22
- Thursday 10th - Year 6 transition to Bartholomew School
- Monday 14th - Anti-bullying fortnight, starting with **Odd Socks Day!**
- Monday 14th - 1-3pm - Maple Class to St Mary's Church, Witney
- Wednesday 16th - Rugby competition (Maple) Please drop your child at Bartholomew School 8:50am
- Tuesday 29th - Stay & Play in Apple Tree Class - 2-3pm

## DECEMBER

- Friday 2nd - Christmas Fayre - 5:30-7:30pm
- Wednesday 7th - KS1 & 2 to Oxford to see a Pantomime! **(Thank you SPSA for funding this!)**
- Thursday 8th - Christmas Jumper Day
- Friday 9th - iRock concert - 2:30-3pm
- Monday 12th to Friday 16th - Willow Class to Yenworthy in Devon
- Tuesday 13th - Apple Tree singing
- Wednesday 14th & Thursday 15th - Oak class play
- Friday 16th - Apple Tree Class to see a Pantomime! **(Thank you SPSA for funding this!)**

## Awards of the Week

If your child has an award below, you are invited to join us for our Celebration Assembly next Friday at 8:45am in the school hall:

Class	Special Award Term Focus - Responsibility	Star Award
	Henry Dixon	Nellie Paulin Zaheer Chudry
	Teddy Prior	Petra Skinner Zeri Muir
	Rose Armitage	Ffion Jones Isla Chapman
	Ameer Khokhar	Lukas Troup George Rasmussen
	Emily Poulter	

If your child is away for any reason and not able to collect their award, we will present it to them the following week.



## Help Protect Children From Cyber Crimes With Cybersecurity

LATEST NEWS October 2022



When you hear the term “cyber attack,” you probably think of a large corporation getting hacked with millions of pounds on the line. Yes, those attacks are very real, but they’re also not the only cyber crimes happening.

With so much access to the digital world, it’s critical that children be aware of cybersecurity basics so they know the risks they face and what to be on the lookout for when using the internet.

### Children Have Become a Major Cyber Target

Because they’re not online in a business capacity, many children aren’t aware of the potential ramifications of being online. In most cases, they may not know that their actions can have an impact on their families as well.

Teaching children a basic understanding of how to protect their identities online is a crucial first step before they gain access to the internet. Small steps like using anonymous screen names, creating strong passwords, and avoiding strange apps and emails can make a big difference in their cyber safety.

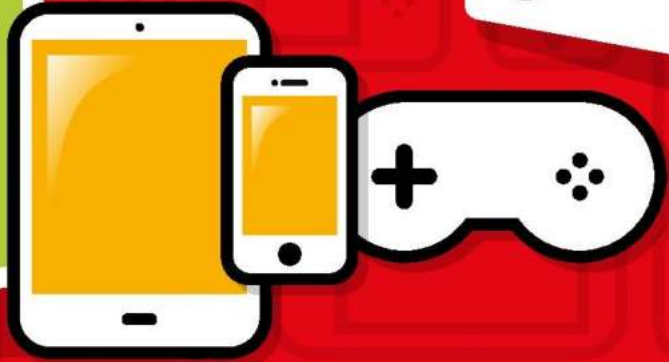
It’s also important to educate children on cyber predators and online bullying. One [Google survey](#) revealed that teachers reported cyberbullying as their No. 1 safety concern in the classroom. Providing students with a knowledge of cybersecurity can help protect them from the horrible effects of cyber harassment.

### Cybersecurity Starts at Home

While teachers have a responsibility to teach children the basics of cybersecurity, it’s best that their education begins at home. Most schools will apply filters and blacklist certain websites to help keep students safe online. However, with more students working remotely, parents may not have access to those same safeguards. So what are some basic cybersecurity tips you can teach your children at home?

1. Educate your children on password best practises. Most passwords are alarmingly weak, making them key targets for hackers. By using strong passwords, your child can protect their data and information.
2. Monitor your child’s use of the internet, even when they’re using a device for school purposes. Children tend to sneak around online, so keeping a close eye is critical.
3. Make sure your child is using secure Wi-Fi, such as that from your home. If your child is planning to work remotely from somewhere else, remind them to avoid logging into sites with their valuable information.
4. Take advantage of parental controls on your children’s devices when you can. Use password protection and apply filters to keep children off certain sites that might be dangerous for them.
5. Remind your children of the danger of sharing their location online. Many real-life attacks happen because someone has shared where they’re located at the time.

# BE SMART ONLINE



## S

### SAFE

Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.



## M

### MEET

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

THINK  
U  
KNOW  
2018

## A

### ACCEPTING

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.



## R

### RELIABLE

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.



## T

### TELL

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or [www.childline.org.uk](http://www.childline.org.uk)



## BE SMART WITH A HEART

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.



This **ANTI-BULLYING WEEK**  
let's come together and reach out  
to stop bullying...



From  
**MONDAY 14<sup>TH</sup> to FRIDAY 18<sup>TH</sup>**  
**NOVEMBER 2022**

If you're worried about bullying and/or want to be  
involved in Anti-Bullying Week this year, please contact

**your class teacher**



#ANTIBULLYINGWEEK



ORGANISER



# Dino Digital Detectives

<b>Name</b>	
<b>Class</b>	
<b>Potential harmful activity detected</b>	
<b>Date handed to office</b>	

<b>Action</b>	
<b>Review</b>	

Unlocking....

Minds that learn, Hearts that love, Faith that gives



**Cassington Players present ...**



# **OZ**

*the panto*  
by Mandy Constance

**Thursday December 15th ~ 7.30**

**Friday December 16th ~ 7.30**

**Saturday December 17th ~ 2.00 and 7.30**

**Cassington Village Hall**

**TICKETS £12/£6 (children) from Lorna Mills ~ 07711 489463**



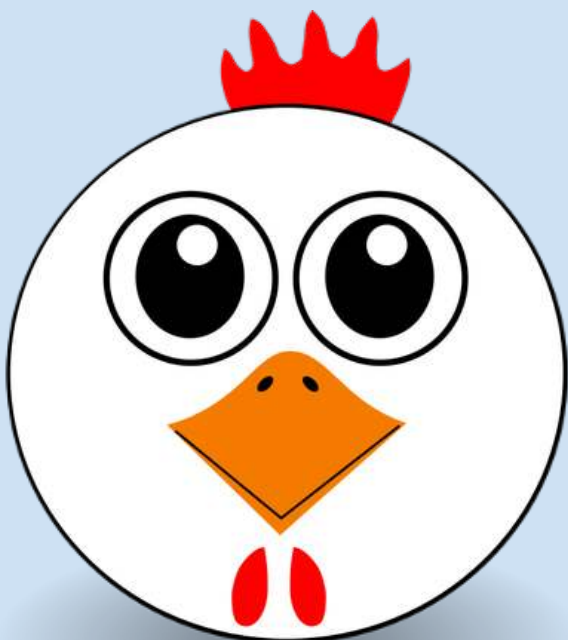
*I don't think we're in Cassington any more Toto ...*

# Chicken eggs!

Have you ever wondered why chicken eggs are so expensive for just 6 eggs? Well, here at St Peter's Primary School (Cassington) we take eggs very seriously. So put aside your worries about expensive eggs and buy ours!

**Only 6 for £1.50 or 4 for £1!**

If you are interested and want delicious, freshly laid eggs for a small price, call Emily in the office and she will put you on a waiting list.



# Primary School Newsletter

## School Health Nurse Team Nov 2022

*This newsletter aims to provide families and young people with some useful tips for keeping healthy...*

*Childhood is an important time to instil **healthy habits** and learn **crucial life skills**.*

*Establishing these habits early on will help to improve your child's future quality of life and enable them to reach their full potential in education and beyond.*

### School Health Nurses

are based in Oxfordshire

and the contact details for the Team are at the [end of this newsletter](#).

If you have any health concerns regarding your child please contact the school health nursing team.



### Remember, remember (be safe on...) the 5th of November!

Fireworks are great fun to watch, but every year lots of children and young people get hurt in firework accidents. Reminding your child about firework safety can help keep them safe:

- Only adults should handle and light fireworks.
- Fireworks are explosives and can cause serious injury.
- When watching fireworks, stand well back.
- Never go near a firework that has been lit. Even if it hasn't gone off, it could still explode.

If your child is given sparklers, remind them to...

- Hold them one at a time.
- Always wear gloves.
- Hold them at arm's length.
- put sparklers hot end down in a bucket of water when they go out as they can still cause burns.

Otherwise, have fun!!

**FIREWORKS  
BE SAFE  
NOT SORRY**



### Disability Awareness

People with disabilities often face more barriers in accessing support for health and wellbeing than those without disabilities. Not accessing support can impact upon health and wellbeing (and upon those who have caring responsibilities) and can be detrimental to health long term.

**Mencap** is a charity for people with a learning disability and they provide support for families and carers. They have put together [a list of the services and support available](#), such as financial and respite, for people with disabilities and their families

### National Stress Awareness Day November 2022

Stress is a normal response to certain situations, and everyone can feel stressed from time to time. Feeling stressed too often can impact our mood, our self-esteem and our relationship with others. If you think you or your child might be feeling stressed, there are ways in which you can help them... check out every mind matters, with hints and tips for the whole family

<https://www.nhs.uk/every-mind-matters/mental-health-issues/stress/>



**Christmas** can be a time of excitement and celebration but for some families it can be a difficult time of year. Childline has some great advice to help children to cope, find ways to feel better and to feel OK about not celebrating Christmas:

Children also thrive on routine but Christmas is one of the most disruptive times of year, with bedtimes and mealtimes out of sync with usual routines. Easy access

**childline**

ONLINE, ON THE PHONE, ANYTIME

to sugary foods and lack of sleep can result in tempers, tantrums and stress. Trying to retain some structure can be really helpful for everyone, try keeping to a bedtime routine

and limiting sugary foods where possible.

If worries about money and access to food is affecting you then visit the citizens advice website to find out about how food banks work and for practical support in accessing help



## World Diabetes Day 14th November

Do you know the symptoms of **Type 1 diabetes?**



4 T's—The symptoms of type 1 diabetes tend to come on within a matter of days or weeks and you should get urgent medical help if you notice any of these symptoms.

[Symptoms of diabetes in children | Diabetes UK](#)

## Child and Adolescent Mental Health Services (CAMHS)

Oxfordshire CAMHS offers a single point of access for parents/carers, who have concerns around mental health.

Single Point of Access (SPA):

**01865 902515**

You can also visit



[https://](https://youngminds.org.uk/)

[youngminds.org.uk/](https://youngminds.org.uk/) which has a helpline



## Flu vaccinations

The School Aged Immunisation Team are visiting schools over the coming weeks to offer the flu vaccine to all primary school aged children. If your child missed the session at school, community clinics are being held in December. If you do not know how to book into a clinic and the Immunisation Team have already visited your school, or if you cannot complete an electronic consent, please email

[ImmunisationTeam@Oxfordhealth.nhs.uk](mailto:ImmunisationTeam@Oxfordhealth.nhs.uk)

## Your School Health Nurse is: Anita Pitcher

If you would like to speak to your school health nurse, please call: **01865 901295**  
We will call you back if you leave a message.

Or email: [Witney.schoolnurses@oxfordhealth.nhs.uk](mailto:Witney.schoolnurses@oxfordhealth.nhs.uk)

School Health Nurse website:

[www.oxfordhealth.nhs.uk/school-health-nurses/](http://www.oxfordhealth.nhs.uk/school-health-nurses/)

Link for ParentLine Chat

ChatHealth NHS Oxford Health NHS Foundation Trust

**ParentLine 5-11 years**

New School Health Nursing messaging service for parents and carers of children 5-11 years attending a state school in Oxfordshire

Text **07312 263227** to message a school health nurse

Text School Health Nurses for advice on issues such as:

- Diet & healthy lifestyles
- Bullying
- Sleep
- Healthy
- Support with bereavement
- and health

Or visit QR code here to start a chat